

Week one

28/10 18/11 09/12 20/01 10/02 02/03 23/03

Monday

- Mac 'N' Cheese ✓
Pasta spirals in a tasty cheesy sauce
on the side...
Broccoli and Cauliflower
- Mexican Bean & Potato Wrap with Rice ✓
Filled with beans and cubed potato
Green Beans
for dessert...
Chocolate Slice
- Ham, Cheese or a Daily Special Sandwich

Tuesday

- Chicken Tikka Masala with Rice
A classic mild and creamy curry
on the side...
Peas
Carrots
for dessert...
Orange Drizzle Cake
- Cheese & Tomato Pizza with Potato Wedges ✓
Simple but classic!
- Ham, Cheese or a Daily Special Sandwich

Wednesday

- Roast Chicken with Roast Potatoes & Gravy
Lemon and herb roasted chicken dinner
on the side...
Carrots
Cabbage
for dessert...
Shortbread Biscuit
- Quorn Roast with Roast Potatoes & Gravy ✓
Traditional vegetarian roast with Quorn
- Ham, Cheese or a Daily Special Sandwich

Thursday

- Beef Tortilla Bake with Rice
Wraps topped with beef mince and melted cheese
on the side...
Sweetcorn
Mediterranean
Vegetables
for dessert...
Banana and Berry
Cobbler with Custard
- Pizza Hot Dog with Potato Wedges ✓
Topped with Pizza sauce and cheese
- Ham, Cheese or a Daily Special Sandwich

Friday

- Salmon & Cod Fish Fingers and Chips
A classic fish finger lunch
on the side...
Baked Beans
Peas
for dessert...
Raspberry Ripple
Cake
- Baked Cheese and Sweetcorn Omelette with Chips ✓
A baked vegetarian omelette
- Ham, Cheese or a Daily Special Sandwich

Week two

04/11 25/11 16/12 06/01 27/01 09/03 30/03

- Spaghetti Bake ✓
Spaghetti Quorn Bolognese - baked and topped with melted cheese
on the side...
Sweetcorn
Broccoli
for dessert...
Mango Frozen
Yoghurt
- Tomato & Mozzarella Pizza with Potato Wedges ✓
Simple but classic!
- Ham, Cheese or a Daily Special Sandwich

- Chinese Chicken with Rice
Zingy chinese lemon & ginger chicken
on the side...
Peas
Roasted Peppers &
Sweetcorn
for dessert...
Apple and Berry
Crumble with Custard
- Quorn Bolognese ✓
A classic quorn italian bolognese
- Ham, Cheese and a Daily Special Sandwich

- Roast Beef with Roast Potatoes & Gravy
Traditional Beef roast dinner
on the side...
Roast Parsnips
Carrots
for dessert...
Flapjack with Fruit
Slices
- Vegetable Crumble ✓
Mixed vegetables in a rich tomato sauce with a breadcrumb topping
- Ham, Cheese or a Daily Special Sandwich

- BBQ Beef Meatballs
Tasty BBQ beef meatballs in tomato sauce with pasta
on the side...
Green Beans
Broccoli & Cauliflower
Medley
for dessert...
Chocolate Cake
- Veg & Tomato Bake with Rice ✓
A tasty butternut squash and tomato bake
- Ham, Cheese or a Daily Special Sandwich

- Fish Fingers and Chips
A classic fish finger lunch
on the side...
Baked Beans
Peas
for dessert...
Raspberry Yoghurt
Cake
- Caramelised Red Onion & Mozzarella Tart with Chips ✓
Delicious light Vegetarian tart
- Ham, Cheese or a Daily Special Sandwich

Week three

11/11 02/12 13/01 03/02 24/02 16/03

- Tomato & Mozzarella Pizza with Potato Wedges ✓
Simple but classic!
- Vegetable Bake with Rice ✓
Beans in a tomato and veg sauce topped with breadcrumbs
on the side...
Sweetcorn
Carrots
Peas
for dessert...
Orange Shortbread
- Ham, Cheese or a Daily Special Sandwich

- Pork Sausages with Mashed Potato & Gravy
Classic sausage and mash
on the side...
Sweetcorn
Green Beans
for dessert...
Oatle Biscuit with
Fruit Slices
- Vegetarian Sausages with Mashed Potato & Gravy ✓
Classic Quorn sausage and mash
- Ham, Cheese or a Daily Special Sandwich

- Roast Turkey with Roast Potatoes & Gravy
Traditional Turkey Roast dinner
on the side...
Cabbage
Carrot & Swede Mash
for dessert...
Strawberry Frozen
Yoghurt
- Country Vegetable Pie ✓
A tasty mix of vegetables in a creamy sauce topped with shortcrust pastry
- Ham, Cheese or a Daily Special Sandwich

- Beef Bolognese
A classic Italian beef Bolognese
on the side...
Broccoli
Mediterranean
Vegetables
for dessert...
Chocolate &
Raspberry Swirl Cake
with Custard
- Mild Sweet Potato Curry with Rice ✓
A sweet potato and chickpea Masala
- Ham, Cheese or a Daily Special Sandwich

- Crispy Fish and Chips
A traditional fish and chips lunch
on the side...
Peas
Baked Beans
for dessert...
Banana and
Cinnamon Cake
- Quorn Wrap with Chips ✓
A filled soft tortilla wrap folded into the shape of a cone
- Ham, Cheese or a Daily Special Sandwich

If your child is in Reception, Year 1 or Year 2 then you can get your packed lunch or hot meal free of charge!

SPEAK TO YOUR SCHOOL RECEPTION TODAY

All of our packed lunches include a healthy snack, fruit and dessert to stop little tummies rumbling!

100% OF OUR MILK IS SUPPLIED BY BRITISH FARMERS

SERVED DAILY

Jacket potatoes with various tasty fillings

2 OF YOUR 5 A DAY in every hot meal

SUGAR CRACKDOWN

30% less sugar across all of our desserts